

Aphasia Communication Strategies

Take your time!

- Aphasia can worsen during stressful situations. Make sure to give yourself enough time to speak!

Eliminate background noise!

- Background noise can become distracting when communicating with others. Make sure to have a quiet environment when communicating with others!

Explain your Aphasia!

- Before starting a conversation, explain that you have aphasia. This will stop them from interrupting you or speaking for you!

Use communication modifications!

- If speaking is difficult, try to point, write, or use pictures to assist with communication!

Communication Strategies for Family and Friends

- Ask Yes/No questions
 - Avoid asking open-ended questions
- Ask This or That questions
 - Give 2 choices and that's it
- Use Facial Expressions
 - Facial expressions and gestures are another form of communication
- Be Patient
 - Allow plenty of time for a reply when communicating with individuals with aphasia
- Confirm Response
 - Repeat what the individual said back to them to confirm response

